

## Exercise #1: "8-8-16"

Musical notation for Exercise #1: "8-8-16". It consists of two staves in 4/4 time. The first staff has a dynamic marking of *f / p*. The notation shows rhythmic patterns for the right (R) and left (L) hands. The first staff has a sequence of R R R R R R R R, L L L L L L L L, R R R R R R R R, and R R R R R R R R. The second staff has L -, R -, L -, and R.

### 8-8-16: Bass Drum Split Pattern

Musical notation for 8-8-16: Bass Drum Split Pattern. It consists of two staves in 4/4 time. The first staff has a sequence of R R R R R R R R, L L L L L L L L, and a melodic line. The second staff has a sequence of L L L L L L L L, R R R R R R R R, and a melodic line.

## Exercise#2: "16th Timing: Fluid Motions"

4's (play 1 time)

Musical notation for Exercise #2: "16th Timing: Fluid Motions" - 4's (play 1 time). It consists of one staff in 4/4 time with a sequence of R L R L R L R L R L R L R L R L, R R R R R R R R, R L R L R L R L R L R L R L, and L L L L L L L L.

2's (play 2 times)

Musical notation for Exercise #2: "16th Timing: Fluid Motions" - 2's (play 2 times). It consists of one staff in 4/4 time with a sequence of R L R L R L R L R R R R, R L R L R L R L L L L L, R L R L R R R L R L L L, and R.

1's (play 4 times)

### 16th Timing: Bass Drum Split Pattern

4's (play 1 time)

Musical notation for 16th Timing: Bass Drum Split Pattern - 4's (play 1 time). It consists of one staff in 4/4 time with a sequence of R R R R R R R R, R L R L R L R L R L R L R L, and R L R L R L R L R L R L R L.

2's (play 2 times)

Musical notation for 16th Timing: Bass Drum Split Pattern - 2's (play 2 times). It consists of one staff in 4/4 time with a sequence of R R R R, R L R L R L R L, R L R L, and R.

1's (play 4 times)

## Exercise #3A: "Double Beat"

Musical notation for Exercise #3A: "Double Beat". It consists of two staves in 4/4 time. The first staff contains a sequence of rhythmic patterns with drum notation (R for right, L for left) underneath. The second staff contains a sequence of rhythmic patterns with drum notation underneath.

RR RR RR RR RR RR L L L L L L L L L L RR RR RR RR RR R R RR RR RR RR RR R  
L - R - L - LL L L L R

### Double Beat: Bass Drum Split Pattern

Musical notation for Double Beat: Bass Drum Split Pattern. It consists of two staves in 4/4 time. The first staff contains a sequence of rhythmic patterns with drum notation (R L L R L) underneath. The second staff contains a sequence of rhythmic patterns with drum notation underneath.

R L L R L  
R L L R L R

## Exercise #3B: "Triple Beat"

Musical notation for Exercise #3B: "Triple Beat". It consists of two staves in 4/4 time. The first staff contains a sequence of rhythmic patterns with drum notation (R R R R R R R R L L L L L L L L L R -) underneath. The second staff contains a sequence of rhythmic patterns with drum notation underneath.

R R R R R R R R L L L L L L L L L R -  
L - R - L -

### Triple Beat: Bass Drum Split Pattern

Musical notation for Triple Beat: Bass Drum Split Pattern. It consists of two staves in 4/4 time. The first staff contains a sequence of rhythmic patterns with drum notation (R R) underneath. The second staff contains a sequence of rhythmic patterns with drum notation underneath.

R R  
R R R

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## Exercise #4A: "Accent Tap"

Exercise #4A: "Accent Tap" is written in 4/4 time. The first staff contains four measures of music. The first two measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The next two measures feature a left-hand pattern of quarter notes (L L L L L L L L) with accents on the first and third notes. The second staff contains five measures. The first three measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fourth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fifth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes, followed by a quarter rest.

## Exercise #4B: "Accent Tap 4's"

Exercise #4B: "Accent Tap 4's" is written in 4/4 time. The first staff contains four measures of music. The first two measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The next two measures feature a left-hand pattern of quarter notes (L L L L L L L L) with accents on the first and third notes. The second staff contains five measures. The first three measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fourth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fifth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes, followed by a quarter rest.

## Exercise #4C: "Accent Tap 3's"

Exercise #4C: "Accent Tap 3's" is written in 4/4 time. The first staff contains four measures of music. The first two measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The next two measures feature a left-hand pattern of quarter notes (L L L L L L L L) with accents on the first and third notes. The second staff contains five measures. The first three measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fourth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fifth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes, followed by a quarter rest.

## Exercise #4D: "Accent Tap 2's"

Exercise #4D: "Accent Tap 2's" is written in 4/4 time. The first staff contains four measures of music. The first two measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The next two measures feature a left-hand pattern of quarter notes (L L L L L L L L) with accents on the first and third notes. The second staff contains five measures. The first three measures feature a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fourth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes. The fifth measure features a right-hand pattern of quarter notes (R R R R R R R R) with accents on the first and third notes, followed by a quarter rest.

## Accent Tap Bass Drum Unison Patterns

### 4A: 8ths

Two staves of musical notation for a 4/4 time signature. The first staff contains four measures of eighth notes with accents. The second staff contains four measures of eighth notes with accents, ending with a double bar line and a 'R' below it.

### 4B: 16ths

Two staves of musical notation for a 4/4 time signature. The first staff contains eight measures of 16th notes with accents, alternating between 'R' and 'L' below the notes. The second staff contains eight measures of 16th notes with accents, alternating between 'R' and 'L' below the notes.

### 4C: Triplets

Two staves of musical notation for a 4/4 time signature. The first staff contains eight measures of triplet eighth notes with accents, alternating between 'R' and 'L' below the notes. The second staff contains eight measures of triplet eighth notes with accents, alternating between 'R' and 'L' below the notes.

### 4D: 32nds

Two staves of musical notation for a 4/4 time signature. The first staff contains eight measures of 32nd notes with accents, alternating between 'R' and 'L' below the notes. The second staff contains eight measures of 32nd notes with accents, alternating between 'R' and 'L' below the notes.

## Exercise #5A: "Roll Primer - Buzzes"

Exercise #5A consists of three staves of music in 4/4 time. The first staff shows a roll of eight eighth notes on the right hand (R) followed by a roll of eight eighth notes on the left hand (L). The second staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L). The third staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L) followed by a final eighth note on the right hand (R).

## Exercise #5B: "Roll Primer - Doubles"

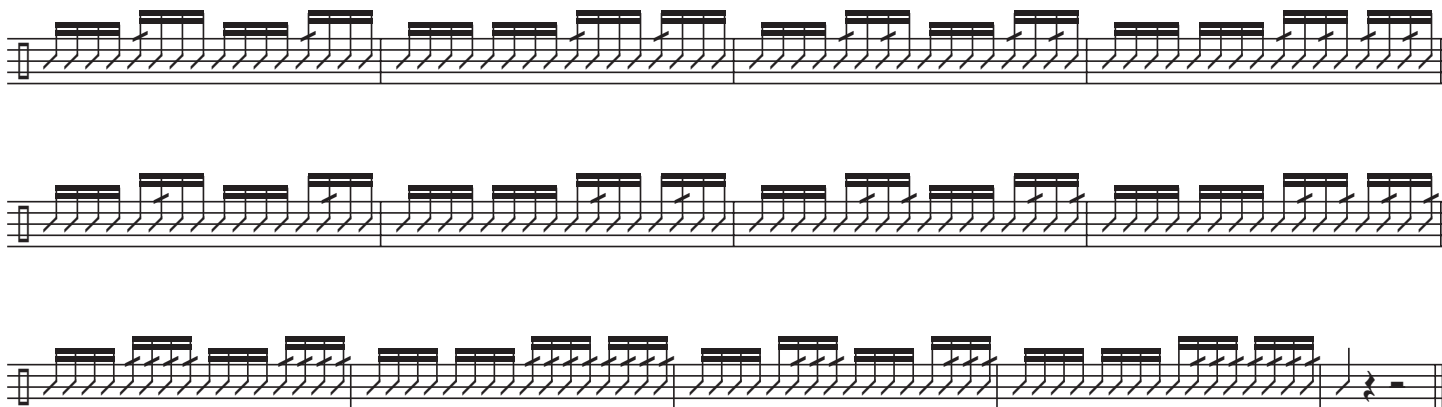
Exercise #5B consists of three staves of music in 4/4 time. The first staff shows a roll of eight eighth notes on the right hand (R) followed by a roll of eight eighth notes on the left hand (L). The second staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L). The third staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L) followed by a final eighth note on the right hand (R).

## Roll Primer: Bass Drum Split Pattern

The Bass Drum Split Pattern consists of three staves of music in 4/4 time. The first staff shows a roll of eight eighth notes on the right hand (R) followed by a roll of eight eighth notes on the left hand (L) with the note heads marked with two dots (diddles optional). The second staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L). The third staff shows a roll of sixteen eighth notes alternating between right and left hands (R L R L R L R L R L R L R L R L) followed by a final eighth note on the right hand (R).

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## Exercise #6: "Duple Rolls"



### Duple Rolls: Bass Drum Split Pattern



LH on Rim, RH on Drum

## Exercise #7: "Triplet Rolls"

Musical notation for Exercise #7: "Triplet Rolls". The exercise is written for five staves in 12/8 time. Each staff contains four measures of music, with the final measure of each staff ending with a double bar line. The notation consists of continuous eighth-note triplet rolls across all five staves.

### Triplet Rolls: Bass Drum Split Pattern

Musical notation for Triplet Rolls: Bass Drum Split Pattern. The exercise is written for four staves in 12/8 time. Each staff contains four measures of music, with the final measure of each staff ending with a double bar line. The notation shows a split pattern of eighth-note triplet rolls across the four staves.

### Exercise #8: "Paradiddles"

Exercise #8: "Paradiddles" is a rhythmic exercise in 4/4 time. It consists of three staves of music. The first staff contains six measures of music, each starting with a dynamic accent (>). The notes are grouped as eighth notes. Below the staff is the corresponding drumstick pattern: R L R R L L R L R R L L R L R R L L R L R R L L L R L R R L R L L L R L R R L R L L R L R R L R. The second staff contains seven measures of music, also starting with accents, and ends with a rest. The third staff contains seven measures of music, each starting with an accent, and ends with a rest.

### Exercise #9: "Flam Prep"

Exercise #9: "Flam Prep" is a rhythmic exercise in 4/4 time. It consists of three staves of music. The first staff has six measures of eighth notes, followed by a double bar line with a 2-measure rest, then a repeat sign, followed by six measures of eighth notes. The second staff contains six measures of music, each with a triplet of eighth notes indicated by a '3' above the group. The third staff contains six measures of music, each with a triplet of eighth notes indicated by a '3' above the group.

### Exercise #10: "Flam Accent"

Exercise #10: "Flam Accent" is a rhythmic exercise in 12/8 time. It consists of two staves of music. The first staff contains four measures of music, each starting with a dynamic accent (>). The notes are grouped as eighth notes. Below the staff is the corresponding drumstick pattern: R R R R R R R R R R R R R R. The second staff contains two measures of music, each starting with an accent, followed by a repeat sign. The drumstick pattern for these measures is: R R R R R R R R.



## Flam Accent: Bass Drum Split Pattern

Musical notation for Flam Accent: Bass Drum Split Pattern. It consists of four staves of music. Each staff shows a sequence of rhythmic patterns for a bass drum split pattern, featuring eighth and sixteenth notes with accents. The patterns are consistent across the first three staves and end with a final measure on the fourth staff.

## Exercise #11: "Chuggada"

Musical notation for Exercise #11: "Chuggada". It consists of two staves of music. The notation includes rhythmic patterns with accents and specific drumming instructions (R for right, L for left) written below the notes. The first staff has four measures with time signatures 5/8, 6/8, 2/4, and 5/8. The second staff has five measures with time signatures 5/8, 6/8, 4/4, and 5/8.

## Chuggada: Bass Drum Split Pattern

Musical notation for Chuggada: Bass Drum Split Pattern. It consists of two staves of music. The notation shows rhythmic patterns for a bass drum split pattern, with specific drumming instructions (R for right, L for left) written below the notes. The first staff has four measures with time signatures 5/8, 6/8, 2/4, and 5/8. The second staff has five measures with time signatures 5/8, 6/8, 4/4, and 5/8.

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Sample Pattern Options: Replace 8th notes with Patterns

### Singles

Three staves of musical notation for 'Singles' patterns. The first staff shows patterns in 5/8, 6/8, 2/4, and 5/8 time signatures, featuring eighth notes and triplets. The second staff shows patterns in 5/8, 6/8, and 4/4 time signatures. The third staff shows patterns in 4/4 time signature. Triplet markings are present above several eighth notes.

### Rolls

Three staves of musical notation for 'Rolls' patterns. The first staff shows patterns in 5/8, 6/8, 2/4, and 5/8 time signatures, featuring continuous eighth-note runs. The second staff shows patterns in 5/8, 6/8, and 4/4 time signatures. The third staff shows patterns in 4/4 time signature.

### Flam Taps

Two staves of musical notation for 'Flam Taps' patterns. The first staff shows patterns in 5/8, 6/8, 2/4, and 5/8 time signatures, featuring eighth notes with accents. The second staff shows patterns in 6/8, 4/4, and 4/4 time signatures.

### Swiss Army Triplets

Two staves of musical notation for 'Swiss Army Triplets' patterns. The first staff shows patterns in 5/8, 6/8, 2/4, and 5/8 time signatures, featuring eighth notes with triplet markings. The second staff shows patterns in 5/8, 6/8, 4/4, and 4/4 time signatures.